



There's something special about a road trip—the open highway, the sense of adventure, the promise of something new just around the bend. For travellers along Alberta's Highway 2, that promise leads to the Red Deer region —your gateway to MORE!

More reasons to stop, stay, and explore.

Perfectly positioned between Calgary and Edmonton, Central Alberta isn't just a place to pass through—it's a destination in its own right.

But there's more to Central Alberta than its prime location. Nestled in the heart of Alberta's stunning parkland, we offer breathtaking trails, scenic waterways, and wide-open spaces that invite adventure. Bike through 110 kilometres of uninterrupted trails that wind through forested parks and river valleys. Race down Alberta's only alpine coaster or tee off at one of many championship golf courses. Paddle the Red Deer River or unwind on a patio as the sun sets over the Prairies. In winter, our landscape transforms into a playground for skiers, snowshoers, and outdoor enthusiasts.

For those who crave culture and connection, our community is filled with creative energy and a passion for sharing stories. Explore local museums and galleries, experience a local festival or take in theatre performances at one of our unique venues. From historic sites to modern attractions, every visit uncovers the more that makes our region extraordinary.

And when it comes to food, Central Alberta serves up a feast for the senses. Rooted in our deep agricultural heritage, the region is a hub for farm-to-table dining, craft breweries and distilleries, and authentic local flavours that celebrate Alberta's bounty. Our culinary offerings reflect the spirit of our region —down-to-earth, genuine, and full of heart.

Our region? Warm, welcoming, and passionate about bringing people together. Small town charm meets big city services here, with Red Deer and Red Deer County blending seamlessly into one remarkable destination. Community spirit shines and every visitor is welcomed like a local, making it the perfect spot for an affordable getaway.

So why just drive by? Get off the highway—your next adventure starts here.

Highway 2 More! More to See. More to Do. More to Love.

rourism **Red Deer** 

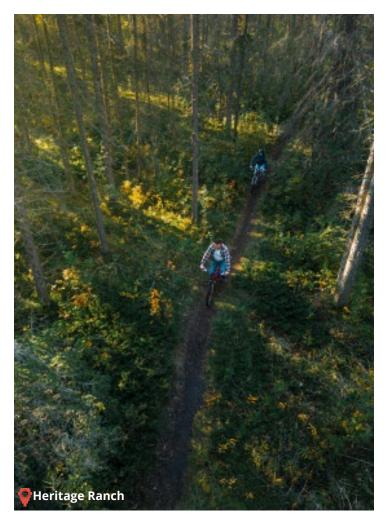
RED DEER

VISITRED DEER.COM





# ADVENTURE ADVENTURE





**Explore** over 110 kilometres of scenic trails that weave through Red Deer's picturesque landscapes. The trail network is both expansive and easily accessible, connecting to every major neighbourhood in the city. Whether you're running, walking, scooting, or biking, you'll find the trails to be uncrowded and inviting. But adventure here isn't limited to the ground. Take it to greater heights at Canyon Ski Resort's new Adventure Park, where you can tackle three-level aerial obstacles, soar on a thrilling zipline, explore a giant net park, or ride Alberta's only alpine coaster. After your adventure, consider making a pitstop at one of our local eateries or breweries to refuel and experience our region's flavour!

Check out our full rundown of trails on page 22-23



### EXPLORE VISIT RECHARGE EXPERIENCE

Elli S

Open May 19 to Oct 15, 2025

(403) 885-4477 39502 RgRd 260 www.ellisnaturecentre.ca

connecting community with wildlife agriculture, and industry

MEGlobal 15 minutes East of Lacombe and Blackfalds





breathtaking views of the Canyon River valley below.















Enjoy floating, kayaking, or canoeing along the river with multiple access points available, allowing for a leisurely hour float or an adventurous 8 hour ride.



#### Saddle Up

Experience a guided horseback riding tour at Heritage Ranch.



#### **Hit the Links**

Central Alberta's golf scene has something for everyone.

## **RED DEER SUMMER TOP 10**





### Hit the **LINKS**

- Balmoral Golf Course
- Golf Central Alberta
- Innisfail Golf Club
- Lacombe Golf and Country Club
- River Bend Golf and Recreation Area
- Red Deer Golf and Country Club (Private)
- The Nursery Golf and Country Club
- Whispering Pines Golf and Country Club Resort
- Wolf Creek Golf Course

# Highway 2 MORE Golf

Central Alberta boasts some of the finest golf courses in the province, offering a variety of experiences for golfers of all skill levels. Home to award-winning courses, the region features immaculate fairways, challenging elevations, and breathtaking views of scenic riverfronts and sweeping prairies. With a mix of rolling hills, water hazards, and Scottish-style links, every round is both exciting and memorable.

For a fresh spin on the game, Red Deer offers two free 9-hole disc golf courses in Kentwood and Victoria Park. Fun and accessible for all ages, these courses provide year-round enjoyment in a laid-back, engaging environment. Grab your discs and enjoy a fresh take on golf.

There's always more to explore on our greens.







Innisfail is truly one of Alberta's best tourist destinations,

### WITH SO MUCH TO SEE AND DO

Many visitors come for just one of our attractions only to discover we have so much more to offer.

Enjoy a unique mini-golf experience, sample fresh locally-grown produce, or take in a variety of special events throughout the year.

These are just a few of the attractions Innisfail offers to keep the whole family happy.

Visit innisfail.ca/tourism for more info.





### Fit MORE in

Red Deer is a hub for active living, with premier sports facilities, outdoor gyms and over 110 kilometres of trails. The region's indoor and outdoor spaces provide a dynamic environment for everything from competitive games to casual exercise.

Red Deer's commitment to health and wellness has been recognized on provincial and national stages. Through the ParticipACTION challenge, the city earned the title of Alberta's Most Active Community in 2023 and 2024 and Canada's Most Active Community in 2022.

### Take **Your** Shot

Red Deer is home to a thriving pickleball scene, boasting one of the largest outdoor pickleball facilities in Western Canada. With a passionate community and top-tier courts, the city has become a hotspot for both recreational and competitive players.

As one of the fastest-growing sports, pickleball offers a fun, social, and engaging way to stay active. Whether you're a beginner or a seasoned player, there are plenty of opportunities to get involved. Players of all ages and skill levels are welcome, making it easy to pick up a paddle and experience the excitement of pickleball in Red Deer.





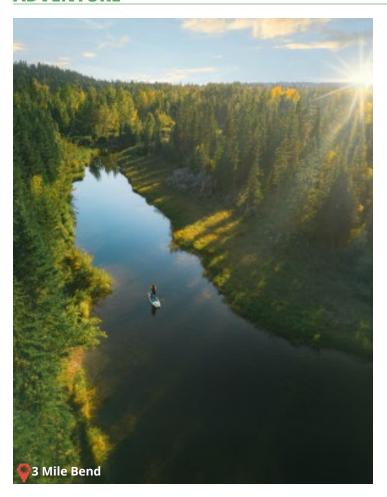


Train, compete, and play in our state-of-the-art 107,000 sq. ft. complex, featuring a full indoor soccer field, baseball and softball facilities, batting cages, a high-performance gym, and more. Perfect for athletes of all levels and available for rentals, training, and events.

(403) 986-0417

thedomereddeer.com

WE WILL MAKE YOU BETTER.





## Where **Exploration** Begins

Set out on an adventure along the stunning Red Deer River, a scenic waterway that winds through the heart of the city, seamlessly blending urban charm with natural beauty. Whether you prefer kayaking, a relaxing float, or testing your balance with stand-up paddleboarding (SUP), the river offers a perfect escape for all water enthusiasts. Drift beneath picturesque bridges, surrounded by lush greenery, and discover hidden pockets of tranquility along the way.

Take the Highway 2 More. Red Deer and region is your gateway to more natural beauty, peaceful waterways, and the rare chance to experience uninterrupted solitude in nature.











#### DNA Gardens We are easy to find. Follow the signs!

- Artisan Nursery Farm Store Ice Cream Bat Walks Hikes Pancake Breakfasts • Brisket Dinner • Long Table Dinner • Wine Tours • U-Pick Fruit • Pizza Night
- Home of the Delidais Estate Winery
- Special Events and Fun Festivals

( dnagardens.ca



# WATER



## **Beach** Days & Water Ways

Red Deer is surrounded by lakes, each offering unique outdoor experiences for both residents and visitors. From boating and fishing to swimming and SUP (stand-up paddleboarding), there's always more to explore. And it's all part of the adventure waiting for you just off Highway 2.

Flowing through the heart of Red Deer, the Red Deer River weaves a tale that spans centuries, revealing a rich history embedded in the land. Named after the elusive and majestic red deer that once roamed its banks, the river has witnessed the ebb and flow of time, becoming a silent witness to the stories of Indigenous peoples, explorers, and settlers.

Floating down the Red Deer River is a popular activity for locals. Its meandering path cuts through diverse landscapes, from prairies to canyons, offering both stunning views and opportunities for outdoor activities. With numerous access points along the riverbanks, it's a haven for boating, floating, and more. So, whether you're taking the dog for a dip, planning to SUP, canoe, kayak or float, the Red Deer River provides beautiful scenic views with no shortage of fresh air and open skies.

### **LAKES** Nearby:

- Sylvan Lake
- Gull Lake
- Pigeon Lake
- Crimson Lake
- Pine Lake
- Gleniffer Lake
- Buffalo Lake
- Buck Lake



### DISCOVERY **CANYON**

Open from June – September, Discovery Canyon is a free-to-access, natural river-fed pool featuring tube floating, a wading pool, an accessible beach and boardwalk, picnic tables, concession, washrooms and showers, and a nature-themed playground.



Red Deer Council

6 - 4919 49 Street Red Deer, AB charitable organization dedicated to enriching local creativity, arts, and culture throughout Red Deer and Central Alberta. For over 50 years, we have promoted, inspired, and showcased literary, performing, and visual arts in our community. As we celebrate our 50th anniversary in 2025, we are thrilled to host even more events, including poetry readings.

art eshibits concerts and so much more! 403-348-2787 (ARTS) info@RedDeerArtsCouncil.ca

50 Years of Celebrating Creativity!

### ALBERTA'S LARGEST NON-MOUNTAIN FAMILY SKI RESORT **OFFERS YEAR-ROUND ADVENTURE!**





- ALBERTA'S ONLY NET PARK
- 36 OBSTACLE AERIAL PARK
  - 1000 FOOT ZIPLINE
- ALBERTA'S ONLY ALPINE COASTER



## PLAN YOUR ADVENTURE AT CANYONSKI.CA!





# RURAL EXPERIENCES



### A Taste of **Alberta's** Bounty

Find yourself in the heart of Central Alberta's agricultural landscape, where you can explore bustling year-round farmers' markets, navigate corn mazes, pick fresh produce at U-picks, and visit local fruit wineries. Every visit offers more—a chance to taste, touch, and connect with the rich bounty of this region.



## Fields of **Tradition**

Feel the prairie breeze on your face as you roll down the windows or pedal along the winding country roads of Red Deer County. It's here that lush farmlands, rolling hills and vast prairies stretch endlessly, painting a portrait of Alberta's heartland. Amongst thousands of acres of world-renowned barley and wheat fields, find charming rural towns with hardworking farmers and caretakers of the land honouring centuries of tradition.

#### **Country Pride Dance Club**

**Performance Team** brings the excitement of Country Western dance to special events across Central Alberta. As the only team of its kind in Western Canada, they showcase partner dances like the Country 2-Step, Waltz, Swing, Cha-Cha, and lively line dances—entertaining and engaging audiences of all ages.

**Looking to add something unique to your next event?**Contact us for a dynamic dance demonstration!

(403) 342-5111 | countrypridedanceclub.ca



#### **RURAL EXPERIENCES**





Central Alberta is an outdoor enthusiast's paradise, offering scenic hiking trails, serene fishing spots, well-equipped campgrounds, and unforgettable wildlife encounters.

Experience rural sunsets casting golden lights over grain fields, the vibrant yellow of blooming canola, and the towering rows of corn that stretch endlessly. Look west to admire the Rocky Mountains rising against the horizon. Around every turn, there are more breathtaking views, each worthy of its own spotlight.











They host regular family friendly events, so make sure you follow them on Facebook and Instagram for updates!

> **Open Fridays & Saturdays (9–5)** and Sundays (10-4).



#### **Located Inside the Gasoline Alley Farmers' Market**

A hidden gem for food lovers! Savour local eats, freshly roasted coffee, or craft beer from the onsite brewery. Relax on the patio or unwind in the mezzanine overlooking the market.

**Open Thursday-Sunday** 













# CRAFTED EXPERIENCES

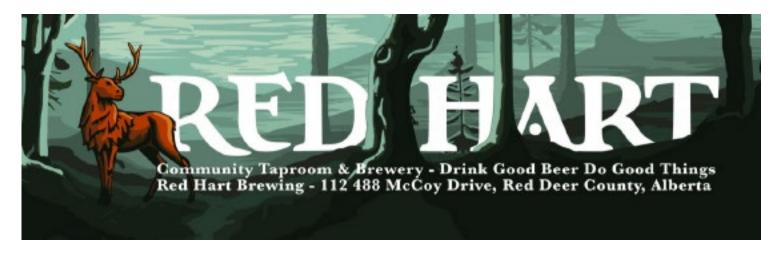


Central Alberta is a hub for craft beverages, with a rich agricultural heritage that plays a vital role in shaping the region's renowned beer and spirits scene. Known for growing some of the world's finest barley, this area offers a true "field-to-glass" experience, where premium malt barley and hop production create exceptional beverages.



Here, passionate artisans create a diverse range of beverages, from crisp ales and bold IPAs to smooth whiskies and aromatic gins. Central Alberta is home to award-winning breweries and distilleries, recognized on both national and international stages, offering a unique experience for both connoisseurs and newcomers alike.

At the heart of this thriving scene is Central Alberta's barley, grown in the region's fertile land and ideal climate. This exceptional grain is the foundation for the craft beverages that have earned the region a place on the global map, with breweries and distilleries taking pride in their sustainable practices and dedication to innovation.





Visitors can explore charming local breweries and distilleries in Red Deer and nearby communities, where the craftsmanship behind every drink tells a story of creativity and dedication. It's the perfect destination for those who want to savour the history and passion poured into every glass.

### Scan **QR CODE** to see **Red Deer County Ale Trail Map**







#### Meaning of "53"

Welcome to 53 on Ross. Nestled in the heart of downtown Red Deer, where our culinary philosophy revolves around the artistry of simplicity.

In each dish and drink, we highlight and showcase 5 or 3 flavours, ingredients or techniques, allowing the quality of ingredients to be the main focus of everything we do at 53!

At 53 on Ross, we transcend the ordinary to deliver a refined dining experience that is unparalleled in the City of Red Deer. Our commitment to excellence extends beyond the plate, embracing the elegance of European-style service that promises to leave an indelible mark on every guest for any and all occasions.

Join us at 53 on Ross, where simplicity meets sophistication, and each bite is a testament to our commitment to culinary excellence.











#### Hours of Operation:

Tuesday-Thursday: 11.30AM-10PM Friday: 11.30AM - 11PM Saturday: 10.30AM- 11PM

Happy Hour: 3PM-5PM Lunch served Tuesday-Friday: 11.30AM - 3PM Saturday Brunch: 10.30AM - 3PM

4930, 50 street - Red Deer, AB





# SNOW



Winter in Central Alberta transforms the region into a playground for all ages and interests. Outdoor adventurers can carve through fresh powder at the nearby ski resort, with options for downhill skiing, snowboarding, and snow tubing. For a serene experience, the snowy trails of local parks and recreation areas invite cross-country skiers and snowshoers to explore the peaceful winter wilderness.

Families can embrace the magic of winter with timeless activities like ice skating and tobogganing at local parks and rinks. For a truly enchanting outing, take a horse-drawn sleigh ride through the snow-laden forests at Heritage Ranch, fondly known as "The Jewel of Red Deer."





When it's time to warm up, Red Deer's indoor attractions offer a perfect retreat. Dive into local culture at art galleries, museums, and theatres, or treat yourself to some retail therapy and a cozy coffee in downtown Red Deer's boutique shops and cafes.

No winter visit to Red Deer is complete without experiencing the warmth of community spirit, especially around the holidays. Seasonal festivities and events light up the city, from spirited markets to sparkling holiday displays, creating unforgettable moments that celebrate the season and bring everyone together.

### This Hall Got Game





Ski, snowboard or snow tube at Canyon Ski Resort for downhill fun.





charm of Bower Ponds.

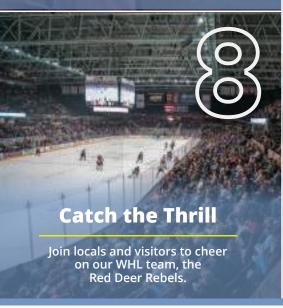


Discover the magic of winter on snowshoes as you trek through snow-covered trails.



#### Discover the serene beauty of Gaetz Lake

Sanctuary, right in the heart of Red Deer.





Red Deer's two off leash dog parks are the perfect spots for your furry friend to run wild and enjoy the snowy season.



Bundle up and try your hand at ice fishing on one of the many nearby frozen lakes.



#### **Slide Into Winter**

Explore breathtaking winter views on our cross-country skiing trails.



#### **Embrace Community**

Escape the chill and connect with local farmers and artisans at the year-round Gasoline Alley Farmers' Market.

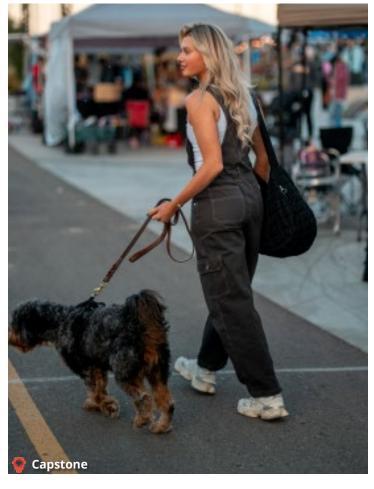
# **RED DEER WINTER TOP 10**

# More DOG FRIENDLY



Red Deer is the ultimate destination for dog lovers, offering plenty of space for your furry friend to explore and enjoy the outdoors. With two expansive off leash dog parks, this region gives pups the freedom to roam, play, and interact with other dogs. Explore scenic trails, cool off with a splash in the river, and enjoy endless outdoor adventures with your canine companion by your side.

Many local patios and breweries welcome four-legged guests, so you can enjoy a meal or drink without leaving your pup behind. With a variety of dog-friendly hotels, they will feel just as pampered as you during your stay in Red Deer.





# PICTURE THIS!

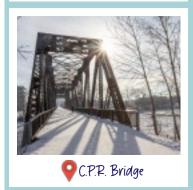
Looking to capture the perfect shot around Red Deer? Explore these scenic spots and don't forget to share your photos with **@tourismreddeer** and **#myreddeer**.





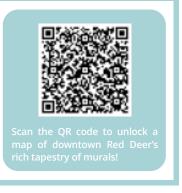


















### **Escape** into Nature

Red Deer's extensive network of trails spans over 110 kilometres, weaving through the city's scenic landscapes. Of these, 31.2 kilometres connect to the iconic Waskasoo Parks trail system, a proud segment of the legendary Trans Canada Trail.

With so many trails, it might be difficult to choose one or to know where to start.

#### **Trail Loops:**

- Ranch Loop: Heritage Ranch and back, via Bower Ponds and Taylor Bridge – 7.5km
- Chief Loop: Great Chief Park and back via Gaetz Avenue Bridge and Heritage Ranch - 10km
- · Lions Loop: Lions Campground and back via Bower Ponds, Taylor Bridge and 48 Avenue Bridge – 5.5km
- Pond Loop: Around Bower Ponds, past the Cronquist House 1.4km



# Here are some of the **most popular trails** in **Red Deer**:

- Heritage Ranch
- Fort Normandeau
- Bower Ponds, Great Chief Park & Great West Adventure BMX Track
- Rotary Park and Kin Kanyon
- McKenzie Trail Recreation Area
- Three Mile Bend Recreation Area
- Red Deer Mountain Bike Park
- River Bend Golf & Recreation Area
- Kerry Wood Nature Centre and Gaetz Lake Sanctuary
- Lions Campground
- · Michael O'Brien Wetlands









# CULTURE



Downtown Red Deer buzzes with culture, entertainment, shopping and dining. Explore the distinct districts of Historic Downtown, Capstone, and Railyards, each offering its own unique character and a mix of living, working, and playing.

Experience downtown's thriving culinary scene, from gourmet dining to casual comfort food and international flavours. Start your day with a coffee at a cozy café and soak in the city's welcoming vibe. As the evening approaches, unwind with craft cocktails at stylish bars and lounges. Then, catch live music on Ross Street Patio — Red Deer's first entertainment district, offering a vibrant, pedestrian-friendly atmosphere right in the downtown core.



Capstone offers trendy shops and cafes, where locals and visitors come together to connect and relax. Wander the scenic riverfront pathways, soaking in stunning views of the Red Deer River Valley in this one-of-a-kind district.

Throughout the year, the Downtown Red Deer Business Association hosts events that showcase the community's spirit and diversity. From lively street fairs to cultural celebrations, there's always something exciting happening in the heart of the city.

Scan **QR CODE** 





You're invited to visit the Red Deer Museum + Art Gallery!

The Public Art Gallery hosts contemporary art and history installations, and our permanent exhibition Remarkable Red Deer tells stories from the heart of the parkland. The Stewart Discovery Studio hosts creative programming and activities for all ages and abilities year-round. To plan a visit, a calendar of events can be found at www.reddeermuseum.com











### **Heritage**

Red Deer's history is reflected in its landmarks and restored buildings, each offering a glimpse into the past.

One of the city's most unique features is The Ghost Collection which is one of the largest life-sized bronze sculpture collections in Canada. This includes local legend, Francis the Pig, who became famous after escaping the abattoir and roaming Red Deer's parkland for five months. Captured in 1991, he remains an unforgettable part of the city's history.



#### **Music and Performance Arts**

Red Deer's music scene is dynamic, featuring local, national and international acts. From grand concerts to cozy, intimate shows, Red Deer offers a diverse music scene for every taste.

In addition to music, Red Deer offers a diverse range of performance arts, including live theatre, improv comedy, country dancing and street performance festivals.





RDPL's programs, services, and collections are designed to inspire creativity, spark curiosity, and support lifelong learning. Be a part of the story! Did you know that library cards are free for all Red Deer residents? Get yours today!

(403) 346-4576 | rdpl.org



TACOMONSTER.CA | @tacomonsterrd

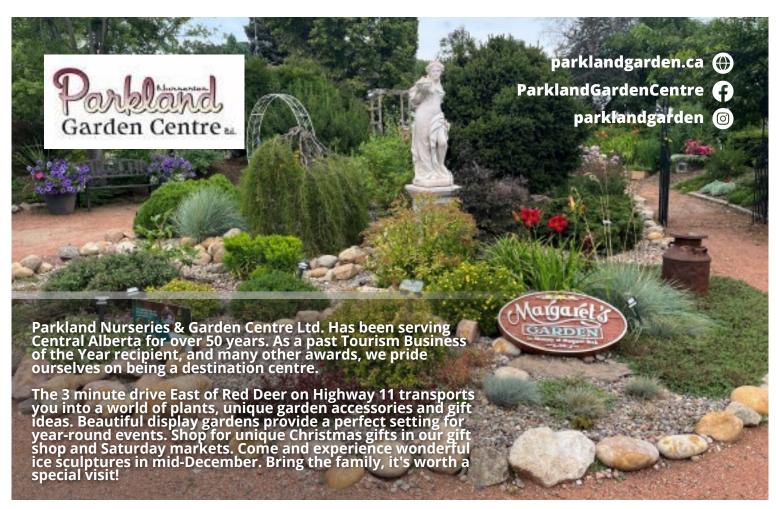
# 10 FREE THINGS TO DO

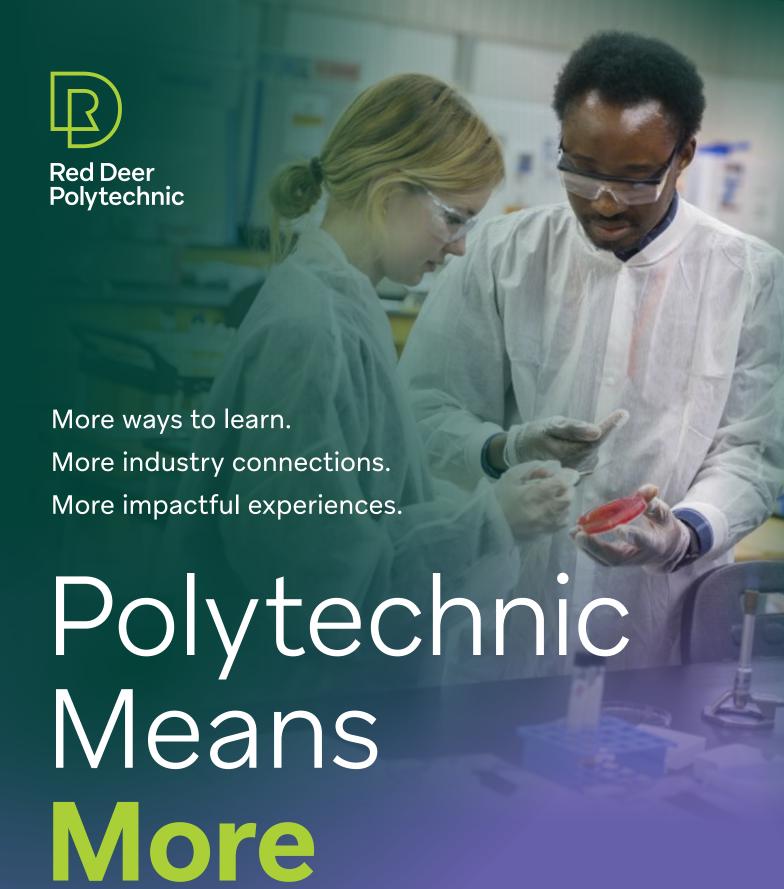
- Enjoy a relaxing picnic at City Hall Park, surrounded by beautiful scenery and green space.
- Explore local history and art through unique exhibits and collections at the Red Deer Museum + Art Gallery.
- Stroll through scenic Bower Ponds and enjoy the peaceful surroundings.
- Grab your tube, kayak, or SUP and enjoy a peaceful float down the Red Deer River.
- Discover all 35 murals that highlight local art and culture in Downtown Red Deer.
- Hike or bike along Red Deer's 110km of scenic trails.
- Spot wildlife along the boardwalk at Gaetz Lake Sanctuary.

- Market Hop
  - Red Deer Market: May October, Saturday Mornings at Red Deer Polytechnic
  - Gasoline Alley Farmers' Market: Year-Round, Friday-Sunday
  - Capstone Night Market: May September, Every other Friday Evening at Capstone
  - Downtown Market: May October, Wednesday Evenings on Little Gaetz Ave
- Visit Heritage Ranch and meet the horses.
- Attend a free concert or event on Ross Street Patio.









Learn more at **rdpolytech.ca** 





Nestled in Alberta's best agricultural farmland, Red Deer serves up farm-to-table freshness in every bite. Local restaurants celebrate this abundance with ingredients that are as fresh as they are flavourful.



Red Deer is also home to internationally award-winning chefs who craft seasonally inspired menus with a focus on locally sourced ingredients. Their commitment to quality and sustainability shines through in every dish.

Eat like a local and choose from any one of our casual family restaurants, charming cafes, neighbourhood pubs, food trucks or intimate, fine dining.

The hardest decision of the day isn't what to eat —it's where to eat.



241 guestrooms, versatile event spaces, and exceptional dining, it offers a seamless experience for business and

leisure travelers alike.

The casino features exciting slot machines, table games, and live entertainment, with three dining options to choose from, offering a variety of flavors and experiences.

Owned by O'Chiese First Nation, the resort takes pride in its Indigenous heritage and commitment to excellence, offering a welcoming and memorable stay in the heart of Red Deer.







REDDEERRESORTANDCASINO.CA

RED DEER RESORT AND CASINO (10)









Local Cuisine: Red Deer celebrates its agricultural roots with a culinary scene rich in fresh, locally sourced ingredients. Alberta beef often takes centre stage on menus, showcasing the region's proud farming heritage.

**International Flavours: Red Deer's** vast multicultural community creates a rich tapestry of international cuisines. From authentic Asian eateries to European-style bistros and Latin American cafes, the city offers an exciting array of tastes to explore.

Cafes and Bakeries: Cozy cafes and artisanal bakeries provide inviting spaces to enjoy freshly brewed coffee, handmade pastries, and light meals. Many feature local artwork and host community events, making them more than just places to eat—they're places to connect.

**Food Events and Festivals:** Foodies can look forward to a calendar full of events celebrating local cuisine and cultural diversity. These gatherings offer opportunities to enjoy delicious dishes, connect with chefs and producers, and immerse yourself in the city's vibrant food culture.







**Red Deer Cultural Heritage Society** 

Since its formation, the Red Deer Cultural Heritage Society has sponsored and provided entertainment for many local, national and international events through the operation of Cronquist House, Festival Hall, and the production of Canada Day.

Come For Lunch and Tea at the Cronquist Tea House on Bower Ponds!

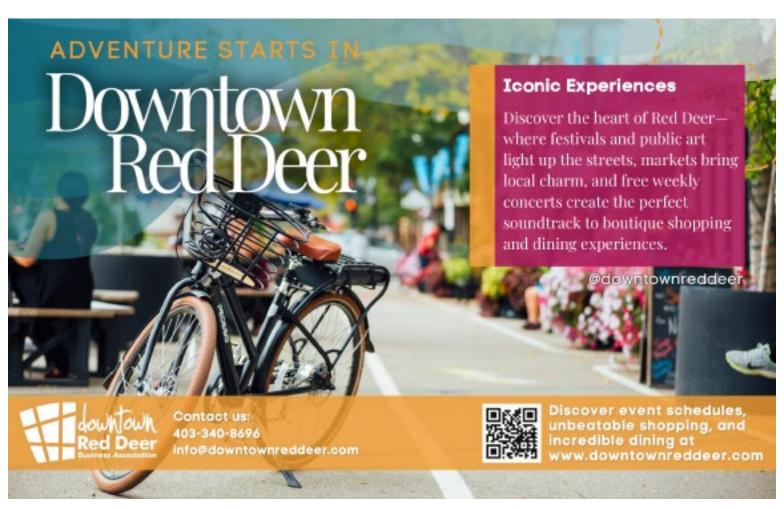
(f) rdchs.com (1) (403) 346-0055



Central Alberta offers the **true farm-to-table experience** that goes beyond just fresh ingredients. Local restaurants and eateries collaborate closely with nearby farms to bring seasonal dishes that showcase Alberta's agricultural bounty. From the finest cuts of Alberta beef to fresh produce grown just down the road, the region's culinary scene celebrate's locally sourced flavours.

But it's not just about dining in; Central Alberta also boasts incredible agritourism experiences that let you explore the farm-to-table process firsthand. Join in on local events like farm tours, where you can meet the producers and enjoy a special long-table dinner under the prairie sky. Such events invite you to connect with the land, explore rural communities, and experience a farm-to-table feast prepared by some of Alberta's top chefs.

Whether you're dining in a cozy café or attending an immersive culinary event, Red Deer's farm-to-table dining lets you savour the true taste of Central Alberta.





Whatever event you're envisioning — sports, weddings, banquets, markets, and more — Westerner Park is here to make it unforgettable, right in the heart of Central Alberta.

# Your vision, our venue, endless possibilities.





# INDIGENOUS RED DEER & REGION



Central Alberta is and has been home to First Nations and Métis Peoples long before Alberta became a province. The city of Red Deer is located on the boundary between Treaty 6 Territory north of the Red Deer River, Treaty 7 Territory south of the Red Deer River, and Otipemisiwak Métis Division 3. We honour the Ancestorial lands and the Indigenous people who have lived here for millennia.

Discover the cultural abundance of Central Alberta by immersing yourself in the heritage of its Indigenous peoples. Engaging with these cultures offers an unforgettable way to experience the extraordinary essence of this land. The 48 First Nations and Métis communities that call Alberta home share many diverse languages and cultural practices, creating a fascinating cultural tapestry for visitors to explore. The unique differences add depth and diversity to the cultural fabric of the region which often come together as one.

Red Deer takes its name from the Red Deer River, which runs through the region. The Indigenous peoples of the area had their own names for the river. For example, the Blackfoot Nation referred to it as "Mistahi-sipiy,", which means "Elk River." The Stoney Nakoda Nation called it "Wahkoowahkoowi Sipiy," or "By-chu-den (elk/ deer) wapta (river)" translating to "Elk River" and the Cree called it Waskasoo sipi. The name "Red Deer" itself is a translation of the Indigenous names that highlight the presence of elk in the region. Elk, commonly known as "wapiti", played a significant role in the lives of the Indigenous peoples for sustenance, cultural practices, and the utilization of various resources. Europeans mistook the elk for the 'red deer' of the British Isles and thus became the city name of Red Deer.

The natural landscapes of Red Deer hold deep historical significance. Waskasoo Park, home to an extensive trail system, includes sites such as:

- McKenzie Trails, once the site of the Métis
   McKenzie family operations, including the first
   commercial sawmill and the first bridge across the
   river in this area.
- Piper Mountain at Rotary Park, served as both a campsite and hunting lookout.

Beyond the city, sites like Fort Normandeau Historic Site offer deeper insight into the region's past. Fort Normandeau features displays on Indigenous history, a monument dedicated to the Red Deer Indian Industrial School, and interpretive programs, including Fort Normandeau Days, which highlights Métis First Nations, and Canadian Militia history. The site is also home to a ceremonial Medicine Wheel, installed by The Blackfoot Confederacy to mark their historic territory.









## **Supporting Local Indigenous Organizations, Businesses, and Experiences**

If you're looking to connect with and support Indigenous organizations, businesses, and cultural experiences in the Red Deer area, here are some great resources to explore:

#### **Fort Normandeau Historic Site**

A key historic location with exhibits on Indigenous history, cultural programming, and annual events. **waskasoopark.ca** 

#### **Indigenous Tourism Alberta**

Connecting visitors with authentic Indigenous experiences and Indigenous-owned businesses across the province. *indigenoustourismalberta.ca* 

#### **Métis Nation of Alberta Organization**

Supporting Métis culture, education and business initiatives across Alberta. *albertametis.com* 

#### **Red Deer Museum + Art Gallery**

Showcasing exhibits and programs that honour and highlight Indigenous artistry and heritage. *reddeermuseum.com* 



#### **Red Deer Native Friendship Society**

A hub for cultural programming, social support, and community connections. *rdnfs.net* 

#### **Red Deer Public Library**

Home to valuable Indigenous resources and events that celebrate culture and history. *rdpl.org* 

#### **ReThink Red Deer**

Located in Capstone, ReThink Red Deer features a beautiful medicine garden and hosts Indigenous Elders for teachings throughout the summer months. **rethinkreddeer.ca** 

#### **Shining Mountains Living Community Services**

Providing essential services and fostering community well-being through Indigenous-led initiatives. **smlcs.ca** 

#### **Urban Indigenous Voices Society**

Empowering Red Deer's urban Indigenous community and advocating for meaningful change. *rdchs.com* 

By visiting these organizations and engaging with their offerings, you can actively support Indigenous culture and communities while gaining meaningful experiences and knowledge.

# EXPLORE



# · s





Red Deer is a beautiful four-season destination, proudly standing in the heart of Central Alberta.

#### 48 hours, *Summer* in Red Deer

#### **DAY 1:**

- Start your day with a delicious breakfast at the historic Glenn's Family Restaurant & Gift Shop, featuring over 240 varieties of tea.
- Fly down the valley on Alberta's only Alpine Coaster at Canyon Ski Resort. Or, for a slower start to the day, take a serene walk at Kerry Wood Nature Centre.
- Grab a pizza from Tomato Static and have a picnic in City Hall Park.
- Rent a paddleboat at Bower Ponds or simply relax by the water's edge.
- Visit a Central Alberta Farmers' Market.
- Treat yourself to dinner at Las Palmeras or Cilantro and Chive.
- Catch a live music performance at Bo's Bar & Stage or grab a pint at the local pub Chillabongs.
- End your night in comfort at one of the region's amazing hotels.

#### **DAY 2:**

- Grab a coffee and a pastry at Stems, then start your day with a walk at Heritage Ranch.
- Take a refreshing dip at Discovery Canyon or perfect your swing at River Bend Golf Course.
- Enjoy lunch on Ross Street Patio at Taco Loft.
- Spend the afternoon exploring the boutiques and shops in Downtown Red Deer.
- Head to Rotary Park for an evening barbecue or to Pampa for authentic Brazilian cuisine.
- Finish with a Wow Store gelato and walk in the beautiful Maskepetoon Park.



Festival

Downtown Winter

• Horse Expo • Alberta Food & Beverage Expo



• Woody's RV World Marathon



JUNE
• Ponoka Stampede



• Canada Day at Bower Ponds



• Westerner Days • Centrefest

• (Bi-Annual) Red Deer Regional Air Show







# City Hall Park

# 48 hours, *Winter* in Red Deer DAY 1:

- Start your day with a hearty breakfast at your hotel or grab a bagel from Booyah Bagels.
- After breakfast head to the picturesque Bower Ponds for some ice skating.
- Escape the cold at Parkland Garden Centre, a tropical oasis of lush greenery and florals.
- Grab a sandwich at Bo's Sandwich Shop in Capstone.
- Shop till you drop at Bower Place or Parkland Mall.
- Enjoy dinner at 53 on Ross or the Red Deer Resort & Casino.
- Tee off at the indoor Golf Zone or climb to new heights at Trailhead Climbing and Fitness.
- Stroll through City Hall Park to admire the holiday lights or catch a Central Alberta Theatre production.
- Relax and recharge at one of the region's welcoming hotels.

#### **DAY 2:**

- Start your day off with a coffee and treat from the iconic Donut Mill.
- Head to Canyon Ski Resort for a day of skiing, snowboarding or snow tubing.
- For lunch, head downtown for hot pot or Korean BBQ at Jumble Eats.
- Test your skills at Lockdown Escape Rooms or try one their virtual reality adventures.
- After a day on the slopes, unwind with a visit to the Troubled Monk Brewery or Red Hart Brewing for some local brews and snacks.
- Indulge in a cozy meal at Heritage Ranch's Westlake Grill.
- Learn the whisky making process from start to finish at the local, international award-winning Diony Distillery.









AUGUST
• Afro-Caribbean
Festival
• AB on the Plate &
Open Farm Days



• Filipino Music & Street Food Festival • Canada Spartan

Race



• Powwow Times International Gathering • Oktoberfest



NOVEMBER
• Agri-Trade



• Festival of Trees (Nov-Dec) • Red Deer Lights

Scan **BELOW** to check out our full **Events Calendar** 



- 1) How long is the Red Deer River?
- 2) What is the official name of the iconic landmark in Red Deer known by locals as the Green Onion?
- 3) The City of Red Deer has an official cookie. Can you name it?
- 4) Red Deer is home to one of the largest life-size bronze sculpture collections in Canada. What is the name of the collection?
- 5) What is the largest event that Red Deer has hosted?





#### **Experience a journey into history onboard an Alberta Prairie Railway Excursion.**

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# WILDLIFE CHECKLIST

Experience the excitement of observing wildlife in their natural habitat

















Red Fox

Songbird

**White Tailed Deer** 

Rabbit

Coyote

Gopher

Red Squirrel

Mallard Duck

Chickadee



# Great Stays Start Here.





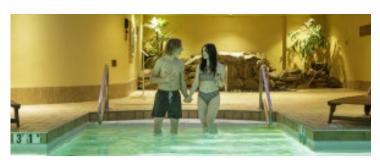
HOTELSREDDEER.CA

Our destination hotel partners are leaders in creating great guest room experiences. We offer a variety of hotel options that will suit all travellers' preferences.

We're Ready to Welcome You.



# HOTELS



The Red Deer region isn't just a stop along the way—it's a place to explore more, experience more, and enjoy more. With a range of accommodations to suit every need, it's easy to extend your visit and make the most of your time here.

Staying the night means extra time to dive into the region's vibrant dining, shopping, and entertainment scene. From exciting events to spontaneous weekend getaways, this region's relaxed and welcoming vibe make it easy to slow down and take it all in.

Wake up to scenic trails, unique local attractions, and the warm hospitality that makes Red Deer feel like home. With a variety of comfortable and convenient places to stay, you can settle in and experience even more.

SCAN HERE for a full list of Places to Stay





















Discover top attractions in the region with the FREE Red Deer & Central Alberta Attractions Pass!

Check-in at participating Red Deer & Central Alberta attractions to redeem exclusive offers, unlock discounts and earn points that can be redeemed for fun Red Deer swag. Check back regularly as new attractions are added!

SCAN QR CODE to explore the Red Deer & Central Alberta Attractions Pass











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# **ATTRACTIONS**

#### MEMBER DIRECTORY

Agri-Trade Alberta Prairie Railway Alberta Sports Hall of Fame Balmoral Golf Course **Boardwalk Entertainment Centre Bower Ponds Recreation Bull Skit Comedy Canyon Ski Resort Central Alberta Raceways Central Alberta Theatre Centrefest Street Performer Festival** Country Pride Dancers Color Me Mine Drop 'n' Hop Play Cafe **Ellis Bird Farm Fort Normandeau** Golfzone **Heritage Lanes** Heritage Ranch Innisfail Golf Club **JKL Trail Rides** Kraay Family Farm Kerry Wood Nature Centre Lacombe Museum **Lacombe Golf & Country Club** Lockdown Escape Room **Mukwah Rafting Tours** Neuron e-scooters Norwegian Laft Hus The Nursery Golf and Country Club Paint of Interest Ponoka Stampede Prime Stock Theatre Co. Society ProShot Hockey
Red Deer Golf & Country Club (Private) Red Deer Museum + Art Gallery Red Deer Polytechnic Red Deer Public Library **Red Deer Rebels Hockey Club Red Deer Regional Airport Red Deer Sports & Outdoor Show** Red Deer Symphony Orchestra River Bend Golf and Recreation Area Rocky Mountain House National Historic Site Sally's Play Centre Scott Block Theatre **Spark It Up Productions** Sun Sport Recreation Ltd. Sunnybrook Farm Museum Sylvan Lake Paintball The Clubhouse Arcade The Dome Red Deer The Forum **The Gutter** The Silver Buckle The Track on 2 Trailhead Climbing
Twisted Steel Blacksmithing **Westerner Park Whispering Pines Golf & Country Club** Wizards Loft **Wolf Creek Golf Course** 

SHOP

Blue Grass Nursery, Sod & Garden Centre
Bower Place
DNA Gardens
Edgar Farms
Feel the Fun
Gasoline Alley Farmers' Market
Gasoline Alley Harley-Davidson
Hometown Market
Parkland Mall
Parkland Nurseries & Garden Centre
Sassy B Home & Body
Stems Flowers & Cafe
Sunterra Market
TBS Source for Sports

# AT & DRINK

53 on Ross Anthony's Pizza & Italian Kitchen Bo's Bar & Stage Bo's Sandwich Club Booyah Bagels Boulevard Restaurant & Lounge **Cafe Millennium Chillabongs Cilantro and Chive** Craft Beer Commonwealth & Birdy Coffee Co. Diony Distillery Donut Mill **Garden Terrace Lounge Glenn's Family Restaurant / Gift Shop Hiy Steaks Jumble Eats** Las Palmeras **Maverick's Donuts Red Deer Moxies** Pampa Brazilian Steakhouse Rare Pizza **Red Hart Brewing** Taco Loft Taco Monster **Tomato Static** Troubled Monk Brewery Westlake Grill West 67 Lounge & Grill **WOW Store** 

# SSOCIATIONS

ACFA Regionale de Red Deer
BILD - Central Alberta
Central Alberta Historical Society
Central Alberta Economic Partnership
Downtown Red Deer Business Association
Red Deer Arts Council
Red Deer Cultural Heritage Society
Red Deer Curling Club
Red Deer & District Chamber of Commerce
Red Deer Food Bank
Spirit of Red Deer
Town of Blackfalds
Town of Innisfail
Town of Penhold
Waskasoo Environmental Education Society

# STAY

Best Western Plus Red Deer Inn & Suites
Comfort Inn & Suites Red Deer
Days Inn Red Deer
Holiday Inn & Suites Red Deer South
Holiday Inn Express Red Deer North
iHotel & Conference Centre
Lion's Campground
Ramada Red Deer Hotel & Suites
Red Deer Resort and Casino
Running Reins Guest Ranch
Sandman Hotel Red Deer
Staybridge Suites Red Deer North
TownePlace Suites by Marriott
Trenville Park
Westerner Campground

# SERVICES

Archway Manor Blue Door Florals Copper Cloud Events Creative Twist Getaway Vacations Golf Central Alberta Legend Water Prairie Bus Lines Special Event Rentals



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