

Hwy 592 to FT Normandeu = 16 KM/10 Miles  
 FT Normandeu to Bower Ponds = 6.4 KM/4 Mile  
 Bower Ponds to Mackenzie Trails = 4.8 KM/3 Miles  
 Mackenzie Trails to Joffre Day Use Park = 35 KM/21.79 Miles  
 Joffre Day Use Park to Content Bridge/Hwy 21 = 49.7 KM/30.88 Miles  
 Content Bridge/Hwy 21 to Hwy 590 = 36.9 KM/22.9 Miles

